



Early Childhood Centres as creative and
safe spaces!

What's Included?

- ✓ Pages 3-4 (not editable)
- ✓ Pages 5-6 (type your own text)

Instructions for Editing Text

STEP 1: Open the document in PPT and locate “insert” at the top left of your screen, then select “text box.”

STEP 2: Type your own text in the text boxes. The fonts used on pages 3-4 are **KG Miss Kindergarten** and **KG SORRY NOT SORRY CHUB** If you would like to use the same. You do not need a commercial license for personal use.

STEP 3: Save any changes made to your document and print.

SAYING GOODBYE

Saying goodbye can often be difficult for both parent and child.

Here are some tips to help you and your child separate more easily.

SEPARATION SUCCESS

It's important to set both yourself *and* your child up for success **before** the first day of school.

- ✓ **Talk** about school in a positive way, say things like, "School is going to be so much fun!"
- ✓ **Read** books from the library about going to school.
- ✓ **Visit** the school with your child before the first day.



BEFORE YOU LEAVE

Here are some steps you can follow to make separating easier:

- ✓ **Smile**
- ✓ **Hug** – Give your child a big hug.
- ✓ **Say** – "I love you!"
- ✓ **Say** – "I'll see you after school."
- ✓ **Wave Goodbye.**

Remember, your child's anxiety level will often match your own, so it's important to remain calm when saying goodbye.

AVOID THE PITFALLS

After you say goodbye to your child, it's important that you **do not** return for additional goodbyes. This can cause confusion for the child and can make it more difficult for the child to adjust to the school routine. It can take up to ten school days for a child to settle into a new routine.



BOOK SUGGESTIONS

Read these books from your local library to your child:

- ✓ *The Night Before Preschool* by Wing
- ✓ *How Do Dinosaurs Go To School?* by Yolen
- ✓ *I Am Too Absolutely Small for School* by Child



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